

## **TRUE COLORS™ PROGRAM**

### **½ Day Program**

#### **Objective:**

- The True Colors™ model is a non-threatening, interactive vehicle for change. Its unique format helps individuals identify their natural skills, needs and motivations and those of the people they interact with. It is effective because it is interactive; everyone gets involved and learns about themselves and those around them, while having fun.
- This program will increase the power and effectiveness of your communications in your organization and with your customers.

#### **Team Building/Communication**

- This dynamic training program will provide participants with the knowledge and skills needed to promote communication build self-esteem and enhance a positive work environment.
- True Colors™ is a special communication/personality type tool assessment which enables individuals to understand their behaviors and communication style, using a non-judgmental approach.

#### **Components of the Program: ½ Day**

- Overview of True Colors™ - History and Theory
- Self-assessment of your own True Colors™
- Identifying your strengths, needs, and stressors.
- Understanding the uniqueness of others.
- Application to your Team Development

**Note: This program can be customized and adapted for intact groups.**